



Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Banger's 'N' Mash	Sandwiches (ham, cheese or tuna mayonnaise) served with crisps and coleslaw	Chicken Tikka Curry	Classic Cheesy Pepperoni Pizza	Fish & Chip Fry-Yay! Omega 3 Fishfingers
Vegetarian	Veggie Banger's 'N' Mash	Pasta with either a cheese sauce or tomato and basil sauce	Quorn Veggie Biryani	Classic Cheesy Marg Pizza	Cheese & Onion Pasty
Accompaniments	<i>Mashed Potato, seasonal vegetables, and Gravy or Beans</i>	<i>Garlic Bread Optional Cheese dusting for pasta</i>	<i>Steamed Sunshine Rice, Mini Naan Bread Rainbow Coleslaw</i>	<i>Home- baked Salad & 'Slaw</i>	<i>Chips, Peas or baked Beans</i>
Alternative	Jacket Potato with Assorted fillings * Daily Salad Bar	Jacket Potato with Assorted fillings * Daily Salad Bar	Jacket Potato with Assorted fillings * Daily Salad Bar	Jacket Potato with Assorted fillings * Daily Salad Bar	Jacket Potato with Assorted fillings * Daily Salad Bar
Dessert	Ice cream pot * Selection from Fresh fruit, yogurt,	Vanilla Shortbread * Selection from Fresh fruit, yogurt,	Fruity Jelly * Selection from Fresh fruit, yogurt,	Rainbow Cupcakes * Selection from Fresh fruit, yogurt,	Rice Crispy Cake * Selection from Fresh fruit, yogurt,