



PE and Sport Development Plan 2022-23 incorporating Sports Premium Funding

High-quality PE is an entitlement for all pupils, regardless of their starting points or their prior experiences of sport and physical activity. The national curriculum states: A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

The Premium is designed to help children get an active start in life, supporting primary schools to improve the quality of their PE and sport provision so that pupils experience the benefits of regular exercise – from becoming healthier both mentally and physically to improved behaviour and better academic achievement.

The funding is a ring-fenced grant for English primary schools to provide additional and sustainable improvements to the quality of PE, sport and physical activity. Allocations to schools are determined by a formula based on pupil numbers. We will receive **£21,050**. Schools are free to choose how to spend the PE and Sport Premium funding but are accountable to Ofsted for the impact of this funding.

At Roseacre Primary Academy we have a strategic approach to the spending of this funding so that we can maximise its impact and enrich the lives of our pupils so that they are set on the path to healthy and active lifestyles as adults.

Healthy Advocates is a key driver in our curriculum intent. It is important to us that all members of our school community understand how to stay safe and keep healthy both physically and mentally. The personal and academic curriculums offer children the opportunity to explore and understand healthy eating, the benefits of exercise and sleep, dental and personal hygiene, awareness of substance misuse, personal safety, growth mindset, mindfulness and mental toughness.

Our priorities and vision for 2022-23 are as follows:

- To develop the quality of teaching in PE to make sure that teaching of PE is of a sustained high quality and inspires our children to participate, succeed and excel in competitive sport.

- To develop an understanding of healthy lifestyles for all pupils which include regular access to exercise and participation in a range of sports, and an understanding of healthy living and how to lead healthy lives.
- To increase our pupils' participation in competitive sports, competitions and inter school activities.
- To develop and nurture children with particular talents and abilities giving them a window to participate with equally gifted peers and signpost them to clubs and third parties who can develop their skills and abilities further.
- To provide the children with space, opportunities and means to be active throughout their school day and after school.
- To target those children in Years 2, 3 and 4 who have not mastered the basic fundamental skills

Key Indicator for Improvement 1 The Engagement of all pupils in regular physical activity Chief Medical Officer guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day.			
How can we improve?	Actions to achieve.	Impact?	£ Allocation from Sports Premium
Encourage pupils to increase the number of times they choose to walk/cycle/scoot to school rather than use the car/bus.	Engage in the council 'Walk to school scheme' Class teachers to record daily Reward children with badges Promote on social media	Increase fitness and amount of physical activity undertaken Increase awareness of how opting to walk/cycle is a healthier lifestyle choice.	N/A
Increase the amount of time pupils spend engaging in physically demanding activity in PE lessons and at lunch/break times.	Introduce 30 minute sessions at lunch times with a BCT sports coach to work on fundamental skills. BFCCT to support at lunchtime x 3 days per week. Continue the daily mile with KS1 and KS2 children.	Pupils develop key fundamental skills to enable them to catch up to year group expectations and be able to fully participate in future PE lessons Pupils increase stamina, fitness and wellbeing.	N/A
Improve the provision at	Blackpool Community Trust to work with	Increase the amount of time that	

lunchtime for KS1 and KS2 pupils to engage in sporting activity	UKS2 children and provide training to become 'Buddies' for leading play outdoors Purchase additional balls, skipping ropes, coits, bibs, scooters, hoops, outdoor sheds	pupils spend, in addition to their PE curriculum offer, engaging in physically demanding activities. Increase participation and engagement in sporting activity for targeted pupils.	Playground equipment £2000 Sheds to store resources- £1250
Nursery pupils to participate in structured football sessions	Tiny Tangerines Football- 1 term	Pupils to develop fundamental skills and increase fitness and amount of physical activity undertaken	£500
Key Indicator for Improvement 2 Increased confidence, knowledge and skills of all staff in teaching PE and sport.			
How can we improve?	Actions to achieve.	Impact?	£Allocation from Sports Premium
PE CPD for JC and SC	JC to attend PE Lead course	Upskill PE lead and support with designing and implementing an effective PE curriculum	£120
CPD for all teachers	BCT Primary PE Manger to deliver training to all teachers.	Upskill all staff to enable high quality teaching and learning.	N/A
First aid training for Forest school	SH to attend specialised first aid training for forest school (OAA)	Upskill FS lead in health and safety and delivering first aid treatment during forest school sessions.	£200
Key Indicator for Improvement 3 The profile of PE and sport is raised across the school.			
How can we improve?	Actions to achieve.	Impact?	£Allocation from Sports Premium
Introduce the new PE scheme of work from EYFS to Y6	Subscribe to Get Set 4 PE	Plans and resources support staff in delivering high quality PE lessons.	£700 subscription

		Supports staff in delivering the wider offer of PE (non-traditional PE/Sports) - for e.g. Yoga, Tag rugby, Handball etc).	
KS2 Football/ Sports events	Choose and order appropriate football kits	Appropriate kit supports children to play well, feel proud and sense of belonging. Raise the profile of PE, both from an internal and external point of view. Increase a sense of identity and community	£200.00
KS2 netball events	Purchase netball bibs	Appropriate kit supports children to play well, feel proud and sense of belonging. Raise the profile of PE, both from an internal and external point of view. Increase a sense of identity and community	£100
Publicise sporting success on social media platforms and website and within school.	Achievements celebrated in assembly e.g. match results, tournaments, festivals, sporting events in the local community, unusual sporting achievements. Year groups to showcase their talents in sport. E.g. dance, gymnastics, rugby Noticeboard updates with teams, fixtures and results. All sporting club activities times and days	Raise the profile of PE - increase awareness and how pupils view PE/Sport and the positives this has on their physical and mental development. Pupils to potentially take up new sports outside of school where they have a new interest	N/A

	to be displayed prominently in school.		
Key Indicator for Improvement 4 Broader experience of a range of sports and activities offered to all pupils.			
How can we improve?	Actions to achieve.	Impact?	£Allocation from Sports Premium
Pupils offered Sports enrichment clubs after school hockey, golf, basketball, badminton, football...	Sports Coach timetabled x 3 evenings after school each week.	Pupils have the opportunity to participate in a wide range of sports beyond the main curriculum offer	£ 3000
Key Indicator for Improvement 5 Increased participation in competitive sport.			
How can we improve?	Actions to achieve.	Impact?	£ Allocation from Sports Premium
To enter the sporting leagues offered in Blackpool -football, cricket, high 5 etc. Participate in Blackpool Youth Games events	PE lead and AHT to organise and facilitate Netball, Football and other league fixtures. Set up Roseacre teams and offer enrichment clubs to suit.	Increase wider opportunities - communities, teams etc. Raise the profile of Sport - increase awareness and how pupils view PE/Sport and the positives this has on their physical and mental development. Pupils to potentially take up new sports outside of school where they have a new interest. Widening participation for all pupils (SEND, LAC, PP etc)	Transport (taxis or coaches) and staffing costs: £2000

To offer pupils in KS2 the opportunity to compete in sports day events at Stanley Park arena (as opposed to using school playground facilities).	Hire Stanley Park sports arena for KS2 sports day and invite parents as spectators.	Raise the profile of sport and provide children with new experiences of competing in track, field and long jump events.	£300 Coach hire- £600 Total: £10, 970
--	---	---	--

Swimming and the national curriculum

Since 1994, swimming and water safety has been a statutory element of the national curriculum for physical education in England.

This means that every 11-year old child should leave primary school with the skills to keep themselves safe while enjoying swimming with friends and family.

Swimming is the only sport to be included within the national curriculum physical education programme of study. All primary schools must provide swimming and water safety lessons in either Key Stage 1 or 2.

Pupils at Roseacre attend swimming sessions every week throughout Year 4.

At least 75% of pupils can

- Perform safe self-rescue in different water based situations
- Swim competently, confidently and proficiently over a distance of at least 25 metres
- Use a range of strokes effectively, for example, front crawl, backstroke and breaststroke