



Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Banger's 'N' Mash	Beef Bolognaise Bake	Chicken Tikka Curry	Classic Cheesy Pepperoni Pizza	Fish & Chip Fry-Yay! Omega 3 Fishfingers
Vegetarian	Veggie Banger's 'N' Mash	Tomato & Sweet Basil Pasta	Quorn Veggie Biryani	Classic Cheesy Marg Pizza	Cheese & Onion Pasty
Accompaniments	Mashed Potato, seasonal vegetables, and Gravy or Beans	Garlic Bread Optional Cheese dusting for pasta	Steamed Sunshine Rice, Mini Naan Bread Rainbow Coleslaw	Home- baked Salad & 'Slaw	Chips, Peas or baked Beans
Alternative	Jacket Potato with Assorted fillings * Daily Salad Bar	Jacket Potato with Assorted fillings * Daily Salad Bar	Jacket Potato with Assorted fillings * Daily Salad Bar	Jacket Potato with Assorted fillings * Daily Salad Bar	Jacket Potato with Assorted fillings * Daily Salad Bar
Dessert	Ice cream pot * Selection from Fresh fruit, yogurt,	Rainbow sponge & Custard * Selection from Fresh fruit, yogurt,	Fruity Jelly * Selection from Fresh fruit, yogurt,	Vanilla Shortbread * Selection from Fresh fruit, yogurt,	Rice Crispy Cake * Selection from Fresh fruit, yogurt,