

THE ROSEACRE NEWSLETTER

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KEY INFO & DATES

**RELAUNCH
OF PARENT APP**
WEDNESDAY 6TH OCTOBER

**WORLD MENTAL
HEALTH DAY**
FRIDAY 8TH OCTOBER

**SECONDARY SCHOOL
APPLICATION DEADLINE**
SUNDAY 31ST OCTOBER

HOUSEKEEPING

- Please note that our Parent App is being launched with a new version on 6th October 2021. You will receive further details from the APP team but will be logged out and therefore you will need to log back in. The APP is our main form of communication so please make sure you log back in. Thank you for your support with this.

- A polite reminder that the double gates (behind the canteen) and the single gate (on Langfield Avenue near the MUGA) are exit gates, only.

- In support of World Mental Health Day on Friday 8th October, we will be wearing something yellow. We will only be accepting online donations. Thank you for your support! Donations can be made to:

<https://www.justgiving.com/fundraising/Roseacre-Primary-Academy>

— Excellence for all... Excellence from all —

MEETING

RECEPTION

What's your favourite?

- Fruit
- Drink
- Book
- Dinner item
- Learning activity
- Part of the school day

- Apples they're juicy.
- Milk! It comes from cows.
- The Tiger Who Came to Tea.
- Pasta, It's yummy.
- I like playing with my friends.
- I like seeing my friends.



- Oranges, apples and bananas.
- Milk! It's good.
- Dinosaurs
- Cheese sandwich
- Just like playing.
- I like playing outside!

- I like red apples!
- Milk! It's so yummy!
- The Gruffalo! He has horns!
- Pizza, I like tomato sauce!
- Reading! I like reading at my house too!
- I like playing in the kitchen.



GETTING TO KNOW MISS FOULKES



Hello everyone, I'm an Early Careers Teacher and I am super excited to be starting my career here at Roseacre. Despite being a new teacher, I am already thoroughly enjoying being a part of the Roseacre family. Both staff and children have been extremely welcoming and I look forward to beginning to meet parents and carers.

I was born in Leeds but have lived in Blackpool most of my life, which is why I have lost most of my Yorkshire accent - apart from the way in which I say 'one', which the children are already enjoying teasing me about. I live with my bouncy cockapoo Benji and my fiance James (I think everyone will find my name a lot easier once I become a Smith next year).

I have a background in leading nurseries so I love that my first teaching role is, in contrast, in Year 6. It was my own Year 6 teacher who ignited my love for learning nearly twenty years ago and I hope to have the same impact so that our children leave Roseacre feeling inspired and confident enough to take on the world.

Excellence for all... Excellence from all



We would like to encourage any donations of old wellies - regardless of colour or size. These will be recycled into planters in a bid to add some colour to our outdoor area. Any donations can be handed into 4PS. Thank you in advance.

FIT BLACKPOOL

FIT Blackpool is a FREE weight management programme for men and women aged 35-65 who are looking to lose weight and lead a more active life.

YOU can...

- ✓ Improve your eating habits
- ✓ Cut down your alcohol intake
- ✓ Increase your activity levels
- ✓ Reduce your weight and waistline
- ✓ Support each other to stay on track

FREE 12 WEEK PROGRAMME

For information on qualifying criteria get in touch!
 Email: fitfans@bfcct.co.uk, call 01253 348691
 or visit our website: www.bfcct.co.uk/fitfans

MAKING MOVES WITH ACTIVE BLACKPOOL

Making Moves is a 12 week weight management programme for adults living in Blackpool with a BMI of 25-39.9.

- by free to access
- Delivered at local venues
- Self-referrals accepted
- Small groups
- Nutrition advice
- Behaviour change
- Gender physical activity
- Refer now via Active Blackpool's website

CONTACT
 Tel: 07776 994864
 Email: moving.moves@blackpool.gov.uk

Blackpool Council
 @ActiveBlackpool 07776 994864
 @ActiveBlackpool activeblackpool.co.uk

Mental Health and Emotional Wellbeing Workshops

FOR PARENTS AND CARERS

Are you a parent or carer living in Blackpool, Fylde or Wyre?

Would you like to know more about children and young people's mental health and resilience?

If yes, please come along to our Mental Health and Emotional Wellbeing Workshops for parents and carers. All workshops are co-produced and co-facilitated by parents, carers and mental health professionals.

LINKS

Understanding Anxiety
<https://www.eventbrite.co.uk/e/164138999165>

Combating Low Moods
<https://www.eventbrite.co.uk/e/164180015847>

Behaviour that Challenges
<https://www.eventbrite.co.uk/e/164180960673>

Discussing Self-harm

WORKSHOP DATES & TIMES

Understanding Anxiety
 23rd September 10AM-12.30PM
 Online Via Zoom

Combating Low Moods
 13th October 10AM-12.30PM
 Online Via Microsoft Teams

Behaviour that Challenges
 10th November 10AM-12.30PM
 Online Via Zoom

Discussing Self-harm
 2nd December 10AM-12.30PM
 Online Via Microsoft Teams

TO BOOK:
 click on the links to the left or phone/text/e-mail Vicki
vicki@boingboing.org.uk / 07908860429

Morrison's Good to Grow scheme

£10 spent in store will amount points that Roseacre

can use towards gardening equipment.

Collect points via the My Morrisons APP or card.

Choose to donate your points to Roseacre.

Deadline is 24th October.

Thank you for your support.



Embracing National Recycling Week by upcycling an old chair, well done Rook (4PS).